

**K-STATE UNIVERSITY  
COLLEGE OF EDUCATION  
DEPARTMENT OF SPECIAL EDUCATION, COUNSELING, & STUDENT AFFAIRS**

**SPRING 2024  
Advanced Counseling Practicum  
EDCEP 977**

**General Information**

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**KSU College of Education Vision** Preparing educators to be knowledgeable, ethical, caring decision makers for a diverse and changing world.

**Mission**

Our vision is fulfilled through:

- \* delivery of exemplary instruction to students at the undergraduate and graduate levels;
- \* production, interpretation, and dissemination of sound and useful research and scholarship;
- \* leadership, collaboration, and service within the profession; and
- \* promotion, understanding, and celebration of diversity.

**Conceptual Framework**

The Conceptual Framework serves as the guide for fulfilling our vision of preparing educators to be knowledgeable, ethical, caring decision makers for a diverse and changing world. The College of Education strives to address three major areas in preparing the teachers of tomorrow: general education, content area studies, and professional studies.

The Conceptual Framework organizes 10 standards in professional studies into the following four categories:

1. The Learner and Learning
2. Content Knowledge
3. Instructional Practice
4. Professional Responsibility

The Conceptual Framework also includes the following dispositions:

1. Values Learning and Professional Development
2. Commits to Professional, Ethical, and Legal Conduct
3. Values Positive, Caring, and
4. Embraces Diversity, Equity, and Fairness
5. Commits to Wise and Reflective Practice

The Conceptual Framework includes the following *dispositions*:

1. *Values Learning and Professional Development*: Dedicated to acquiring and applying new ideas about content, pedagogy, and students.
2. *Commits to Professional, Ethical, and Legal Conduct*: Committed to obeying the law and abiding by institutional, state, and national professional and ethical standards.
3. *Values Positive, Caring, and Respectful Relationships*: Committed to interacting with students, colleagues, and community members with care, compassion, and respect.
4. *Embraces Diversity, Equity, and Fairness*: Recognizes and values human differences and is committed to meet the educational needs of all students.
5. *Commits to Wise and Reflective Practice*: Dedicated to careful reflection on instructional decisions and takes actions to improve professional competence.

## Course Description

The course is designed to develop and refine advanced counseling skills related to the professional counseling skills of doctoral students in the Counselor Education and Supervision program. Doctoral students will be expected to engage in experiences that require integration of theoretical, clinical, and technical expertise in counseling while demonstrating advanced counseling and conceptualization skills. As per CACREP requirements, students will participate in a supervised doctoral-level practicum of a minimum of 100 hours in counseling, of which 40 hours must be in direct service with clients. Hours must be accrued at approximately 5 hours per week with no more than 40 hours per week. Supervision will be provided on a regular schedule throughout the semester. Liability insurance is required, preferably through ACA or ASCA.

## Required Reading Materials (Textbook)

No textbook required; selected readings will be available on our Canvas Page per modules

## Recommended Reading Materials

ACA Code of Ethics (2014). <https://www.counseling.org/resources/aca-code-of-ethics.pdf>

Axline, V. (1986). *Dibs in search of self*. Mass Market paperback

Gerard Lawson (2016) On Being a Profession: A Historical Perspective on Counselor Licensure and Accreditation, *Journal of Counselor Leadership and Advocacy*, 3:2, 71-84, DOI: 10.1080/2326716X.2016.1169955

Jordan, J. V., (2024). *Relational-Cultural therapy (theories of psychotherapy series)*. APA

Kottler, J. (2018). *The secrets of exceptional counselors*. ACA.

Menakem, R. (2017). *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies*. Central Recovery Press

Singh, A. A., Appling, B., & Trepal, H. (2020). Using the multicultural and social justice counseling competencies to decolonize counseling practice: The important roles of theory, power, and action. *Journal of Counseling & Development*, 98:3, 261-271. DOI: 10.1002/jcard.12321

Yalom, I. D., (2017). *The gift of therapy: An open letter to a new generation of therapists and their patients*. Harper Perennial

## Methods of Instruction

Based on constructivist and experiential teaching approaches, the following methods will be utilized throughout the semester: synchronous/asynchronous lecture, virtual/remote platforms, individual/group supervision, group experience, counseling techniques practice, case conceptualizations, video review/observations, and theoretical analysis while reviewing onsite practice. Discussion of relational-cultural theory will be introduced through discussion boards and applicability to supervision will be explored.

**Communication Notice:** The most efficient way to reach me is through EMAIL. Please allow *at least a 24-hour turn-around on all emails*, Sunday through Thursday. It usually will not take that long to respond, but due to other teaching and university-related duties, it is not always possible to respond to queries within a few minutes. Friday and Saturday are typically research/writing days and time for self-care, so emails on those days may take 48 hours before attended too.

## Course Guidelines

1. Attend all online synchronous class sessions and participate in all asynchronous activities. Participate in discussions, assigned readings and questions, experiential activities, and supervision feedback.

Becoming a professional counselor requires weekly supervision. **Direct hours with students/clients will NOT count if you are not in attendance for supervision** during that particular week.

2. Review recordings, provided in our class module. Share in a discussion of the theoretical/philosophical approach used to assess, treat, interventions, diversity, advocacy, and goals of observed recording.
3. Participate in a supervised doctoral-level practicum of a minimum of 100 hours in counseling, of which 40 hours must be in direct service with clients. Hours must be accrued at approximately 5 hours per week with no more than 40 hours per week. Supervision will be provided on a regular schedule throughout the semester.
4. Read the chapters and case studies and prepare doctoral level responses using the stimulus questions provided. Discuss points via online dialogue.
5. Maintain, collect and submit electronically required documentation. This may include: progress notes of each session, case conceptualization, treatment/counseling plan, results of assessments administered, doctoral students' self-evaluation, consent to record forms, and client files.
6. Develop case conceptualizations for each of the cases that outline a theoretical foundation of individual counseling and a counseling plan that includes interventions and strategies.
7. At the completion of the semester, a final reflection paper will be required. This paper will be explained in our Canvas page but will reflect your thoughts and self-awareness about your experience this semester.
8. Collect to submit electronically at the end of the semester the following:
  - Attendance in class and supervision, professionalism and engagement
  - Completion of PhD Counseling Skills Evaluation-CCS-R
  - Completion and submission of time log reflecting CACREP required hours
  - Completion of Self-reflection and Dispositions Inventory
  - Completion of discussion questions as assigned demonstrating insight, critical thinking, and application of ethical standards and counseling theory according to rubric posted in Canvas
  - Case Conceptualization demonstrating insight and critical thinking according to rubric posted in Canvas.

### Course Objectives

Course Student Learning Outcome	Evaluation Methods
Demonstrate <b>culturally competent</b> counseling practices utilizing awareness of developmental, inclusive concepts.	Paperwork/Videos Supervision Participation Final Reflection Paper
Employ counseling <b>theories and interventions</b> for efficacy in a multicultural, comprehensive guidance program.	Supervision Participation
Demonstrate <b>professional, ethical, and legal principles</b> when collaborating or consulting with stakeholders (exp., parents, teachers, other professionals)	Supervision Participation
Examine <b>professional identity</b> through counseling associations by membership and participation, in addition to professional expectations	Supervision Participation
Examine <b>leadership and advocacy</b> principles that provide foundational knowledge about the role of a professional counselor.	Supervision Participation

### Assignments

Activity	Description	Due Date
Video/Case Conceptualizations	Share a discussion of the theoretical/philosophical approach used to assess, treat, interventions, diversity, advocacy, and goals.	TBD
Attendance/participation supervision	Attend all video-conference, and online class sessions. Participate in discussions, assigned readings and questions, experiential activities, and supervision feedback.	Each week

Final Reflection paper	Reflection of the entire semester experience, will be required demonstrating self-awareness of progress.	End of semester, date announced on Canvas page
Paperwork Mid-term & Final	Maintain, collect and submit electronically required documentation, completion of required hours	Midterm & final of semester, dates announced on Canvas page

### Rubric(s)

Guidance for evaluation will be provided on our Canvas page.

### Course Schedule

Throughout the semester students will meet alternately for class/supervision sessions and scheduled group supervision experiences. The sessions will be held on private video-conference tool, ZOOM.

#### Tentative Schedule, subject to change

Date/Session	Topic	Location	Times
Week 1	Introduction, Syllabus Paperwork Supervision	<b>Zoom</b> <b>Independent locations</b>	6:30 – 8:00 Group Supervision
Week 2	Supervision – <i>individual</i> <i>Supervision contract</i>	<b>Zoom</b> <b>Independent locations</b>	<b>Schedule TBD</b> <b>5:30 – 8:30</b>
Week 3	Supervision <i>DID podcast</i>	<b>Zoom</b> <b>Independent locations</b>	5:30 – 6:30 Individual Supervision 6:30 – 8:00 Group Supervision
Week 4	Supervision - <i>individual</i>	<b>Zoom</b> <b>Independent locations</b>	<b>Schedule TBD</b> <b>5:30 – 8:30</b>
Week 5	Supervision <i>1) On Being a Profession</i> <i>2) Important Roles of Theory, Power, and Action</i>	<b>Zoom</b> <b>Independent locations</b>	5:30 – 6:30 Individual Supervision 6:30 – 8:00 Group Supervision
Week 6	Supervision – <i>individual</i>	<b>Zoom</b> <b>Independent locations</b>	<b>Schedule TBD</b> <b>5:30 – 8:30</b>
Week 7	Supervision <u><i>Yalom: Gift of Therapy</i></u>	<b>Zoom</b> <b>Independent locations</b>	5:30 – 6:30 Individual Supervision 6:30 – 8:00 Group Supervision
Week 8	Supervision  <b>Submit Midterm Paperwork</b>	<b>Zoom</b> <b>Independent locations</b>	
	Spring break??		
Week 9	Supervision <i>My Grandmother's Hands</i>	<b>Zoom</b> <b>Independent locations</b>	5:30 – 6:30 Individual Supervision 6:30 – 8:00 Group Supervision
Week 10	Supervision – <i>individual</i>	<b>Zoom</b> <b>Independent locations</b>	<b>Schedule TBD</b> <b>5:30 – 8:30</b>
Week 11	Supervision <i>Kottler &amp; Dibs</i>	<b>Zoom</b> <b>Independent locations</b> <b>Zoom</b> <b>Independent locations</b>	5:30 – 6:30 Individual Supervision 6:30 – 8:00 Group Supervision
Week 12	Supervision – <i>individual</i>	<b>Zoom</b> <b>Independent locations</b>	<b>Schedule TBD</b> <b>5:30 – 8:30</b>
Week 13	Supervision <i>Case presentations</i>	<b>Zoom</b> <b>Independent locations</b>	5:30 – 6:30 Individual Supervision 6:30 – 8:00

			Group Supervision
Week 14	Supervision	<b>Zoom</b> <b>Independent locations</b>	<b>Schedule TBD</b> <b>5:30 – 8:30</b>
Week 15	Supervision – <i>individual</i>	<b>Zoom</b> <b>Independent locations</b>	<b>Schedule TBD</b> <b>5:30 – 8:30</b>
Week 16	Supervision	<b>Zoom</b> <b>Independent locations</b>	5:30 – 6:30 Individual Supervision 6:30 – 8:00 Group Supervision
Week 17	Supervision – <i>individual</i> <b>Submit Final Reflection Paper</b> <b>Submit Final Paperwork</b>	<b>Zoom</b> <b>Independent locations</b>	<b>Schedule TBD</b> <b>5:30 – 8:30</b>

### Kansas State Course Syllabi Statements

#### *Statement Regarding Academic Honesty*

Kansas State University has an Honor and Integrity System based on personal integrity, which is presumed to be sufficient assurance that, in academic matters, one's work is performed honestly and without unauthorized assistance. Undergraduate and graduate students, by registration, acknowledge the jurisdiction of the Honor and Integrity System. The policies and procedures of the Honor and Integrity System apply to all full and part-time students enrolled in undergraduate and graduate courses on-campus, off-campus, and via distance learning. A component vital to the Honor and Integrity System is the inclusion of the Honor Pledge which applies to all assignments, examinations, or other course work undertaken by students. The Honor Pledge is implied, whether or not it is stated: "On my honor, as a student, I have neither given nor received unauthorized aid on this academic work." A grade of XF can result from a breach of academic honesty. The F indicates failure in the course; the X indicates the reason is an Honor Pledge violation.

#### *Statement Regarding Students with Disabilities*

At K-State it is important that every student has access to course content and the means to demonstrate course mastery. Students with disabilities may benefit from services including accommodations provided by the Student Access Center. Disabilities can include physical, learning, executive functions, and mental health. You may register at the Student Access Center or to learn more contact:

Manhattan/Olathe/Global Campus – Student Access Center  
[accesscenter@k-state.edu](mailto:accesscenter@k-state.edu)  
 785-532-6441

K-State Salina Campus – Julie Rowe; Student Success Coordinator  
[jarowe@k-state.edu](mailto:jarowe@k-state.edu)  
 785-820-7908

Students already registered with the Student Access Center please request your Letters of Accommodation early in the semester to provide adequate time to arrange your approved academic accommodations. Once SAC approves your Letter of Accommodation it will be e-mailed to you, and your instructor(s) for this course. Please follow up with your instructor to discuss how best to implement the approved accommodations.

#### *Statement Defining Expectations for Classroom Conduct*

All student activities in the University, including this course, are governed by the Student Judicial Conduct Code as outlined in the Student Governing Association By Laws, Article V, Section 3, number 2. Students who engage in behavior that disrupts the learning environment may be asked to leave the class.

### *Statement on Mutual Respect and Inclusion in K-State Teaching and Learning Spaces*

At K-State, faculty and staff are committed to creating and maintaining an inclusive and supportive learning environment for students from diverse backgrounds and perspectives. K-State courses, labs, and other virtual and physical learning spaces promote equitable opportunity to learn, participate, contribute, and succeed, regardless of age, race, color, ethnicity, nationality, genetic information, ancestry, disability, socioeconomic status, military or veteran status, immigration status, Indigenous identity, gender identity, gender expression, sexuality, religion, culture, as well as other social identities.

Faculty and staff are committed to promoting equity and believe the success of an inclusive learning environment relies on the participation, support, and understanding of all students. Students are encouraged to share their views and lived experiences as they relate to the course or their course experience, while recognizing they are doing so in a learning environment in which all are expected to engage with respect to honor the rights, safety, and dignity of others in keeping with the K-State [Principles of Community](#).

If you feel uncomfortable because of comments or behavior encountered in this class, you may bring it to the attention of your instructor, advisors, and/or mentors. If you have questions about how to proceed with a confidential process to resolve concerns, please contact the [Student Ombudsperson Office](#). Violations of the [student code of conduct](#) can be reported using the [Code of Conduct Reporting Form](#). You can also report [discrimination, harassment or sexual harassment](#), if needed.

### *Statement Regarding Discrimination, Harassment, and Sexual Harassment*

Kansas State University is committed to maintaining academic, housing, and work environments that are free of discrimination, harassment, and sexual harassment. Instructors support the University's commitment by creating a safe learning environment during this course, free of conduct that would interfere with your academic opportunities. Instructors also have a [duty to report](#) any behavior they become aware of that potentially violates the University's policy prohibiting discrimination, harassment, and sexual harassment, as outlined by [PPM 3010](#).

If a student is subjected to discrimination, harassment, or sexual harassment, they are encouraged to make a non-confidential report to the University's [Office for Institutional Equity \(OIE\)](#) using the [online reporting form](#). Incident disclosure is not required to receive resources at K-State. Reports that include domestic and dating violence, sexual assault, or stalking, should be considered for reporting by the complainant to the [Kansas State University Police Department](#) or the [Riley County Police Department](#). Reports made to law enforcement are separate from reports made to OIE. A complainant can choose to report to one or both entities. Confidential support and advocacy can be found with the [K-State Center for Advocacy, Response, and Education \(CARE\)](#). Confidential mental health services can be found with [Lafene Counseling and Psychological Services \(CAPS\)](#). Academic support can be found with the [Office of Student Life \(OSL\)](#). OSL is a non-confidential resource. OIE also provides a [comprehensive list of resources](#) on their website. If you have questions about non-confidential and confidential resources, please contact OIE at [equity@ksu.edu](mailto:equity@ksu.edu) or (785) 532-6220.

### ***Statement on Mental Health***

Your mental health and good relationships are vital to your overall well-being. Symptoms of mental health issues may include excessive sadness or worry, thoughts of death or self-harm, inability to concentrate, lack of motivation, or substance abuse. Although problems can occur anytime for anyone, you should pay extra attention to your mental health if you are feeling academic or financial stress, discrimination, or have experienced a traumatic event, such as loss of a friend or family member, sexual assault or other physical or emotional abuse.

If you are struggling with these issues, do not wait to seek assistance.

Language for Kansas State Manhattan Campus:

Kansas State University [Counseling and Psychological Services](#) offers free and confidential services to assist you to meet these challenges.

[Lafene Health Center](#) has specialized nurse practitioners to assist with mental health.

The [Office of Student Life](#) can direct you to additional resources.

[K-State Family Center](#) offers individual, couple, and family counseling services on a sliding fee scale.

[Center for Advocacy, Response, and Education \(CARE\)](#) provides free and confidential assistance for those in our K-State community who have been victimized by violence.

Language for Kansas State Salina Campus:

The Kansas State Salina Counseling Services offers free and confidential services to assist you to meet these challenges.

The Kansas State Salina Office of Student Life can direct you to additional resources.

[The Kansas State Salina Campus](#) offers several services for students, including health services, counseling, and academic assistance.

Language for Global Campus/K-State Online students:

K-State Online students have free access to mental health counseling with [My SSP](#) - 24/7 support via chat and phone.

The [Office of Student Life](#) can direct you to additional resources.

*Syllabus SUBJECT TO CHANGE-A course syllabus is not a contract and may be changed if the professor deems appropriate.*